



Hearthside Herald


May 2021

“Be the change you wish to see in the world.”

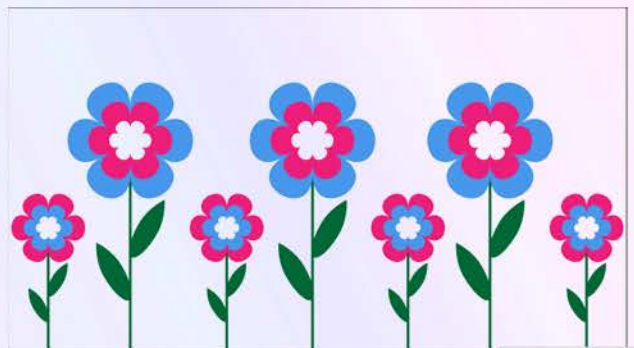
— Mahatma Gandhi

May Birthday's

James H.	1st
Jerry R.	2nd
Wilma G.	7th
Sara H.	8th
LaKeshia W.	22nd
Mary B.	27th



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WELCOME TO HEARTHSIDE

Over the past couple of months our Hearthside Collierville family has grown and continues to grow. So, here's a look at our new neighbors.



Joyce H.



James F.



Frankie G.



Jean



Woodie A.



Sue B.

May's Feature Recipe

Chicken Lettuce Wrap

Going into the spring and summer months you don't want to be weighed down by a heavy meal. So that's why our recipe of the month is super light but also super filling and delicious!! We choose chicken but you can do any variation of this meal.


Ingredient List

- 1 lb. of chopped breast or shredded chicken
- 1/2 of a white or yellow onion chopped or thinly sliced
- 1 green bell pepper chopped or thinly sliced
- 1/2 lb. of white chopped mushrooms
- 1 cup of Orange chicken sauce
- 2 cups of rice (any kind) or 1 boil in bag of rice
- 1 head of lettuce (what ever you prefer)

Instructions

Peel off leaves of the lettuce, rinse and set aside to dry. Boil your rice. Sauté the onions, mushrooms, and bell peppers in a pan until tender. While the rice and vegetables are cooking, cook and chop the chicken. We choose to use a rotisserie chicken and just simply shredded it. Once the chicken is done add the sauce to the pan and heat it thoroughly while coating the chicken at the same time. When the chicken is completely coated it's time to enjoy. Grab a piece of lettuce and layer the rice, vegetables , and chicken, then roll and enjoy!!

Game Corner

How many  can you find hidden in the newsletter? -

Word Scramble

STPILU _____

PNOLEL _____

YAEIRLG _____

GPISNR _____

MMLOAERI AYD _____

WORD SEARCH

C O U N T R A I N

O H S S R G B U U

N A E T P A S U T

F L O W E R S M L

U Y H V N S I C A

N H G I N D N N B

P A T I O U N Y G

SPRING PATIO FUN

SUN FLOWERS RAIN

Your Hearthside Staff

Community Director: Tammy Chappell

Director of Health & Wellness: April Parsons, LPN

Dietary Manager: LaKiesha Woodward

Administrative Assistant: Ashley Johnson

Maintenance Director: James Haley

Activities Director: Amanda Burnett

Transportation Director: Ray Johnson

Medical Secretary: Debbie Short